



LIONS OF ALABAMA ASK Why Should WE Care About Diabetes?

Why should we care about diabetes? Every year, more and more Americans are being affected by diabetes and its serious complications. Millions of Americans have either Type 1 or Type 2 diabetes, while many have been diagnosed millions are unaware that they are affected. In recent years Diabetes in children and adult's has increased all across the Southeastern part of America.

November is National Diabetes Month and the Lions Clubs of Alabama encourages every one to have their blood glucose level checked by their doctor. Every year, more and more Americans are being affected by Diabetes and its serious complications, here are a few fact's from the U.S. Center for Disease Control & Prevention dated January 2011.

25.8 million Americans have Diabetes
7 million Americans have Diabetes but haven't been diagnosed
79 million have Pre Diabetes in America
7th leading cause of death
44% of Kidney incidents are caused by Diabetes. Leading cause of Kidney failure.
12,000 to 24,000 go blind each year due to diabetic retinopathy.
\$245 BILLION total cost of diagnosed diabetes in 2012

Increasing your awareness of symptoms, treatment and lifestyle changes can have a positive impact on helping reduce the negative effects associated with diabetes.

With over 9 million children struggling with obesity in America today the Lions Clubs of Alabama encourages you and your children to eat healthy, exercise, get off the couch turn off the T.V. get outside together, volunteer in your community become a LION.

LIONS all across Alabama have committed their support to the children of Southeastern Diabetes Education Services (SDES) Camp Seale Harris (CSH) and Camp Sugar Falls. The mission of camp Seale Harris is to motivate children with diabetes and their families through educational, social, and recreational experiences in a safe and nurturing environment. www.southeasterndiabetes.org or www.lionsclubs.org

For more info on Lions Clubs of Alabama or to JOIN your local LIONS Club and the programs we offer contact your local LIONS Club

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